

Corn Allergen List

*Corn is not always present in each listed item,
but you must read label to confirm this!*

Acetic acid	Cyclodextrin
Alcohol	DATUM
Alpha tocopherol	(a dough conditioner)
Artificial flavorings	Decyl glucoside
Artificial sweeteners	Decyl polyglucose
Ascorbates	Dextrin
Ascorbic acid	Dextrose
Astaxanthin	Dextrose anything (such as monohydrate or anhydrous)
Baking powder	d-Gluconic acid
Barley malt	Distilled white vinegar
Bleached flour	Drying agent
Blended sugar	Erythorbic acid
(sugaridextrose)	Erythritol
Brown sugar	Ethanol
Calcium citrate	Ethocel 20
Calcium fumarate	Ethylecellulose
Calcium gluconate	Ethylene
Calcium lactate	Ethyl acetate
Calcium magnesium	Ethyl alcohol
acetate (CMA)	Ethyl lactate
Calcium stearate	Ethyl maltol
Calcium stearoyl lactylate	Fibersol-2
Caramel and caramel color	Flavorings
Carbonmethylcellulose	Food starch
sodium	Fructose
Cellulose microcrystalline	Fruit juice concentrate
Cellulose, methyl	Fumaric acid
Cellulose, powdered	Germ/germ meal
Cetearyl glucoside	Glueonate
Choline chloride	Gluconic acid
Citric acid	Glucono delta-lactone
Citrus cloud emulsion	Glueonolactone
(CCS)	Glucosamine
Coco glycerides	Glucose
(cocoglycerides)	Glutamate
Confectioners sugar	Gluteu
Corn alcohol, corn gluten	Gluten feed/meal
Corn extract	Glycerides
Corn flour	Glycerin
Corn oil, corn oil margarine	Glycerol
Corn starch	Golden syrup
Corn sweetener, corn sugar	Grits
Corn syrup,	High fructose corn syrup
corn syrup solids	Hominy
Corn, popcorn, cornmeal	Honey
Cornstarch, cornflour	Hydrolyzed corn
Crosscarmellose sodium	Hydrolyzed corn protein
Crystalline dextrose	Hydrolyzed vegetable
Crystalline fructose	protein

Hydroxypropyl methylcellulose	Propylene glycol
Hydroxypropyl methylcellulose pthalate (HPMCP)	Propylene glycol monostearate
Inositol	Saccharin
Invert syrup or sugar	Semolina (unless from wheat)
Iodized salt	Simethicone
Lactate	Sodium carboxymethylcellulose
Laetic acid	Sodium citrate
Lauryl glucoside	Sodium erythorbate
Lecithin	Sodium fumarate
Linoleic acid	Sodium lactate
Lysine	Sodium starch glycolate
Magnesium fumarate	Sodium stearoyl fumarate
Maize	Sorbate
Malic acid	Sorbic acid
Malonic acid	Sorbitan
Malt syrup/ malt extract from corn (barley malt is fine)	Sorbitan monooleate
Maltitol	Sorbitan tri-oleate
Maltodextrin	Sorbitol
Maltol	Sorghum (not all is bad; the syrup and/or grain CAN be mixed with corn)
Maltose	Starch (any kind that's not specified)
Mannitol	Stearic acid
Methyl gluceth	Stearoyls
Methyl glucose	Sucrose
Methyl glucoside	Sugar (not identified as cane or beet)
Methylcellulose	Threonine
Microcrystalline cellulose	Tocopherol (vitamin E)
Modified cellulose gum	Tracle (aka golden syrup)
Modified corn starch	Triethyl citrate
Modified food starch	Unmodified starch
Molasses (corn syrup may be present; know your product)	Vanilla, natural flavoring
Mono and di glycerides	Vanilla, pure or extract
Monosodium glutamate	Vanillin
MSG	Vegetable anything that's not specific
Natural flavorings	Vinegar, distilled white
Olestra/Olean	Vinyl acetate
Polenta	Vitamin C and Vitamin E
Polydextrose	Vitamins
Polylactic acid (PLA)	Xanthan gum
Polysorbates (e.g. Polysorbate 80)	Xylitol
Polyvinyl acetate	Yeast
Potassium citrate	Zea mays
Potassium fumarate	Zein
Potassium gluconate	
Powdered sugar	
Pregelatinized starch	
Propionic acid	